



(For Leeward CC students, faculty, and staff)

SUCCESS CONNECTION WORKSHOP

Reducing Test Anxiety

Friday, 3/24/2023

12:00 - 1:00 p.m.

via ZOOM

Presented by **Virginia Yoshida**

Please join this interactive session to explore what causes test anxiety and how to effectively cope with it, as well as practice several simple relaxation techniques.

[Zoom RSVP Link](#)

Zoom link and password also posted on the [Writing Center website](#)

Review sessions for past SC Workshops: go.hawaii.edu/983

Information about upcoming workshops: go.hawaii.edu/Gp8